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Goodbye, Indian summer; hello, true autumn. So, fold away the last of the summer wear and consider your coats and jackets. You can either pull them out or think of making a key purchase that will refresh your wardrobe.

This year there are some stunning wrapped woollen jackets that come to the hip-line. This is so flattering, particularly when you create a slim or skinny leg. It gives great proportion especially to anyone 5'7" or below, and is highly practical for instance when you are whizzing in and out of the car.

I also discovered an amazing coat from Theory which has a terrific 80's feel. It's slightly oversized, charcoal grey wool coat (style ROSEAN DF) at £390 and it is a good investment piece. My wife, Sarah, bought a Donna Karan coat from the 80s from a thrift shop, and now it's totally back in fashion!



Remember that you don't need a budget of thousands before we can go shopping together. Recently, a charming lady in her 40's asked me to help her assemble a capsule wardrobe to launch a new stage in her career. She's a highly spiritual person, calm and serene, but her new role may require her to make some television appearances. Her budget you ask - £800.00.

We spent the day taking in Hobbs and Reiss but finally it was Zara that delivered the goods. My lady needed some colour so we opted for the taupe range rather than black.

All together, we chose 15 items including one pair of shoes and one pair of knee-high, stretchable, suede boots. The most expensive piece was a pair of faux-suede trousers at £120. We added long-line cardigans as this season is all about a sleek silhouette.

To capitalise on her assets - as I encourage all my clients to do - we popped into Rigby & Peller to find the perfect bra. The right super-structure can knock years off a girl's appearance!

So, what else should we look out for this season? Seek out the new 70 denier tights. They give either a dark leg or a great way to introduce colour to an outfit without spending a fortune. You can wear them with a shoe boot or any boot that doesn't reach the knee.



For fun, add one of the sweet pieces of charm jewellery, either décolletage for the evening or as a pendant for daytime. This necklace features metal hearts, crystal beads and pearls and can be bought online from www.misschiclondon.com

Other news for my fashionistas: GIVe is the new store on Regent Street with the latest range from George Davies. More stores will follow countrywide. It's called GIVe because George intends to donate some of the profits to charity. Needless to say, I have already done a recce. There is a collection for women of all ages, aimed at affordable luxury, with some nice details. I especially liked the fully-fashioned knitwear with velvet-trimmed seams, and some clothing that had linings that stretch to the body.



Men might like to check out a new upmarket digital magazine called Outre. The first issue features interviews with Marco Pierre White, singer Paloma Faith and Patrick Grant, the Savile Row tailor.

Well that's about it for now, but if you have any questions, remember, please feel free to contact me.

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PS – Remember – 20% off for all returning shopping clients!

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